



facial threading • skin care • lash extensions

Who is Permanent **NOT** recommended for:

- ❖ Pregnant or Nursing Women
- ❖ Diabetic
- ❖ Undergoing Chemotherapy (consult doctor first)
- ❖ Epilepsy
- ❖ Pacemaker or other major Heart Problems
- ❖ Had an Organ Transplant
- ❖ Used Accutane in the past year
- ❖ Has had Botox in the past 30 days
- ❖ Sick – Cold, Flu or etc.
- ❖ Skin Irritation near treated area (sunburn, rash, or acne)
- ❖ Prone to Keloid scarring

What to do **PRIOR** to getting Microbladed:

- ❖ **Do Not** Work-out the day of the procedure
- ❖ **Do Not** Tan or have Sunburned Face
- ❖ **Do Not** get Brow Waxed or Tinted 3 days prior to procedure
- ❖ **Do Not** take Ibuprofen, Vitamin E, Niacin, or Aspirin 24 hrs before
- ❖ **Do Not** Drink Alcohol or Caffeine on the day of procedure

What to do **AFTER** getting Microbladed:

- ❖ No Water, Cleansers, Creams, and or Makeup on the treated area for 10 days
- ❖ **FIRST DAY** – Do not get wet, avoid sun, and do not use after care products.
- ❖ **Day 2 through 10** – Apply after care product and sunscreen daily, avoid getting brows wet, only lightly cleanse them per technician instruction.
- ❖ **Do Not** scratch brows even if they are itchy.
- ❖ **Do Not** Rub, scratch or pick at the treated area. Picking at the scab can causes scarring. Let the scab/dry skin flake off naturally.
- ❖ Avoid direct Sun or Tanning for 3-4 weeks after procedure
- ❖ Avoid excessive sweating for 10 days post procedure
- ❖ **Do Not** have Facials, Chemical Peels, or Microdermabrasion for 4 weeks post treatment
- ❖ **Do Not** sleep on your face or push the side of your face into your pillow for 10 days post procedure

*Eyebrows will appear darker and bolder due to natural healing for the first 7-10 days. This is common for all permanent cosmetic procedures